

August 2025

Beyond Borders

Monthly newsletter from Rotary District 3170 Synergy Passport



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Rotary
District 3170
Synergy Passport



Vrunda speaks...

Dear Friends,

It gives me immense joy to present the second edition of our Rotary District 3170 Synergy Passport Club Newsletter. Each page reflects the energy, passion, and commitment that make our club truly unique.

Our club is rocking with ideas, projects, and enthusiasm—and I am proud of how each member is stepping up to create a real difference in our communities. Together, we are not just serving—we are innovating, inspiring, and impacting lives.

As we continue this exciting journey, let us keep building bridges of friendship, embracing opportunities with open hearts, and living the true spirit of Rotary—Service Above Self.

With pride and gratitude,
Rtn. Vrunda Khanolker
President (2025–26)

We care for the Environment



Eco-Friendly Ganesha Clay Moulding Workshop!

Rotary District 3170 Synergy Passport Club successfully organized an eco-friendly Ganesha clay moulding workshop at Chitrakala Studio, Sanskruti Bhavan on August 10th, 2025.

55 participants, including 25 underprivileged children sponsored by RC Donapaula and Rotaract club of Panjim, enthusiastically learnt to make their own Ganesha idols! Huge thanks to Apeksha Nadkarni of Studio 7 for conducting the workshop and to **Rtn Manisha Sardesai** for coordinating the project flawlessly!

Let's celebrate Ganesh Chaturthi with eco-friendly enthusiasm!



"Ek Ped Maa Ke Naam" - A Green Initiative!

Rotary District 3170 Synergy Passport on 21st August in collaboration with Eco Club of RNMGHSS successfully organized a tree plantation drive, planting around 70 saplings in a plot graciously provided by Chicalim Panchayat!

We thank Sarpanch Shri Kamalprasad Yadav for his presence and support during the plantation drive!

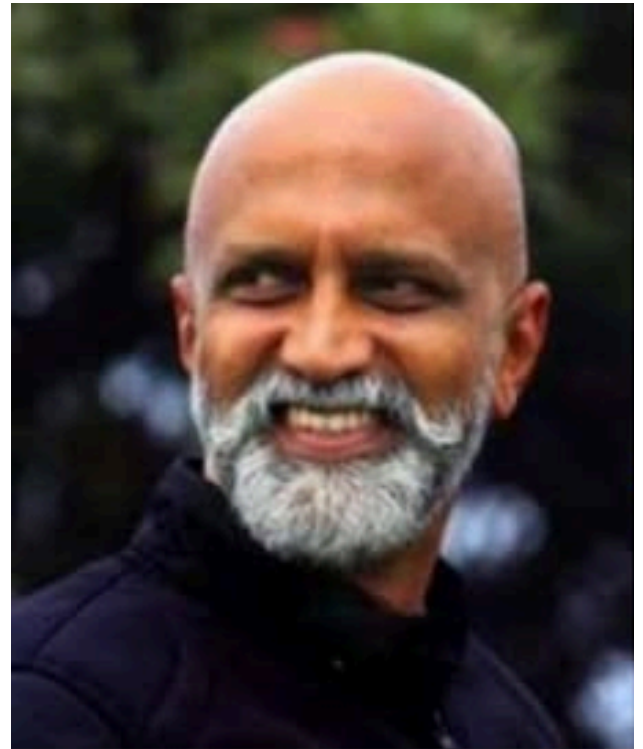
Special thanks to **Rtn. Karuna Sharma**, Project Coordinator.

Let's nurture these saplings and make our environment greener!

Riding with a Purpose

Rtn. Biju B.P. (member of Trivandrum South Rotary Club) is on a mission to ride solo across all 28 states and 6 union territories of India in a span of 800 days on his motorcycle.

This journey is also to encourage everyone to push their boundaries and to show that it's all possible. This is a journey across the nervous system of our country that is bound to be a challenge but one he happily welcome. He hope to engage with different communities and understand the diverse culture spanning the country while educating people and impacting society. The social cause he has chosen to promote through this trip is 'Girl Empowerment Through Education' (GETE) – providing girls with resources and knowledge to make their mark in this world and encourage them to fly high.



Our Club organised 3 sessions of “Girl Empowerment - through Education” talks by Rtn. Biju. at B.R. Nath Pai College. Kudal, Bhosle College of Pharmacy, Sawantwadi, Dada Arlekar HSS, New Vaddem, Vasco da gama

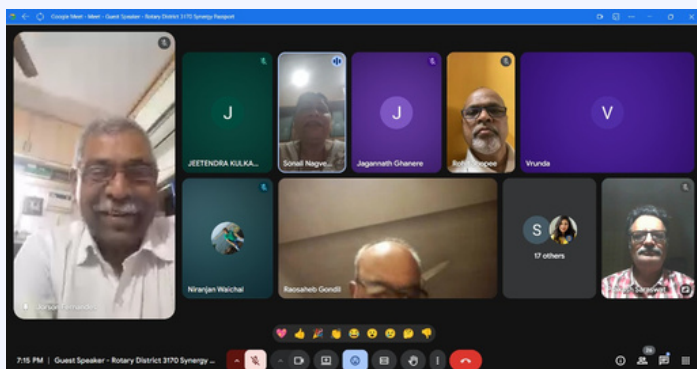


August highlights

By Secretary Anagha

We successfully organized an eye checkup camp on 07 Aug 2025 in collaboration with Mukta Drishti Foundation, benefiting around 260 children. Thanks to the tireless efforts of Kishore Sarsolkar and his team, dedicated 5 hours to this noble cause. Were thrilled that 20 students will receive sponsored spectacles from Mukta Drishti Foundation. A big thank you to all involved in making this project a success.

On 12 Aug, in collaboration with Shree Vishwanath Arlekar Memorial HSS, Goa Chess Association, Mormugao Taluka Chess Association, Rotary Club of Vasco-da-Gama, Rotary Club of Donapaula, and Rotary Club of Vasco Porttown, successfully co-hosted a State & Taluka Level Chess Tournament! Around 80 enthusiastic young chess players participated in the tournament, showcasing their strategic skills and focus. Checkmate! Congratulations to all the winners! Taluka Level Winners: 1. Rajveer Patil - Mata Secondary HS 2. Erwin Albuquerque - Bharatiya Vidya Bhavan's Narayan Bandekar School 3. Chaitanya Patil - Vidya Vihar HS 4. Sachit Pai - Mount Litera Zee School State Level Winners: 1. Swayam Komarpant - Rosary HSS 2. Saksham Nartekar - Shiroda HSS 3. Atharva Singh - KV-1 4. Sahil P. Naik - Shree Damodar HSS Margao Kudos to Dr. Ajay Gaude, Director of Sports & Youth Affairs, for gracing the prize distribution function & inspiring the young minds!



Engaging Members

On 21st August, PDG Dr. Jorson Fernandes shared valuable insights on engaging members, perfectly timed with August being Membership Month! Over 35+ members from different clubs benefited from the interactive session, taking away new ideas and strategies to strengthen their clubs!



A MHM talk was held by Rtn Dr Karuna Sharma at SVAM Vasco Goa Girls where they were guided about health and safety during MC. Rotary District 3170 Synergy Passport successfully organized a talk on Menstrual Hygiene Management (MHM) at Shree Vishwanath Arlekar Memorial Higher Secondary School, New Vaddem - Vasco on 16th August 2025! Around 100 students benefited from this informative session, thanks to the selfless service of Rtn Dr. Karuna Sharma!

In collaboration with Urban Health Centre, Vasco, successfully conducted 4 health awareness sessions on 8th August 2025 for the staff and community members.

Topics covered:

1. Vector Borne Disease: Dengue
2. Lifestyle Diseases: Diabetes and Hypertension
3. Tobacco and Cancer
4. Tuberculosis

The sessions were conducted by Health Extension Education Officer, Ms. Rupali Sakhalkar, and were attended by 20 teachers, 7 clerical staff, and 37 community members. Community Health Camp Success!



Rotary District 3170 Synergy Passport Club collaborated with Urban Health Centre, Vasco, to organize a health camp for the community. Our dedicated team of 4 club members (Nandita, Rtn Dr. Karuna Sharma, Prakash, and Vrunda) worked alongside 19 healthcare professionals from UHC, including 3 doctors, 1 dentist, and 14 nursing staff.

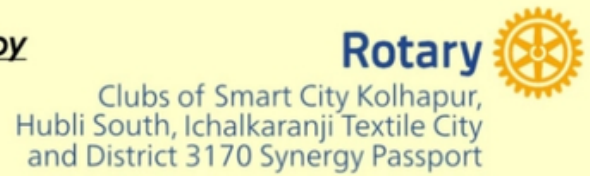
We were privileged to serve 57 beneficiaries, including 37 community members and 20 teachers & 7 clerical staff from RNMGHSS. A big thank you to RNMGHSS for sponsoring snacks and take-away cups!

Special appreciation to the Urban Health Centre for coordinating with us and helping us reach out to the community over the past 3 days. Your efforts made this event a huge success!





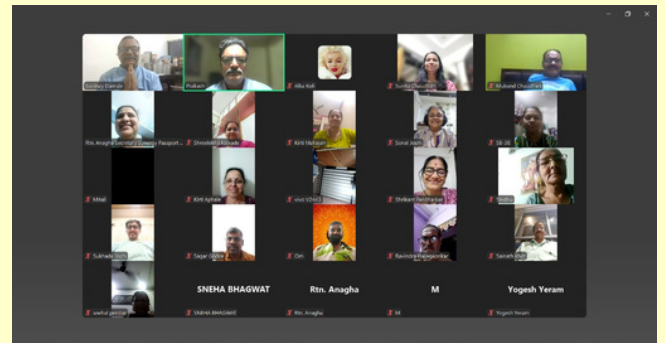
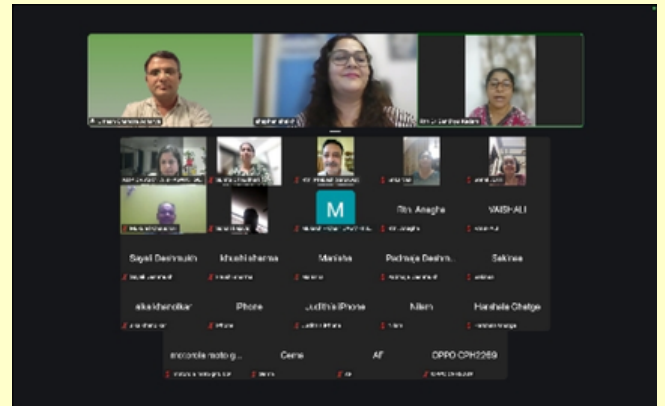
Hosted by



On 6th August 2025, Dr. Asmita Bhagwat - Gilankar, took a session on Women and Mental Health Issue. How to handle life from birth to marriage, self education to kids education, work at home and office.

On 13th August, Emptying Emotional Baggage - letting go emotions. This session was conducted by Rtn. Anagha from RC District 3170 Synergy Passport, online. It was an interactive session and also she held some practice sessions which helped people remove some of their year long emotional baggage which was disturbing their present life.

On 20th August, Mind and Diet Part 2 by Vd. Suvinay Damle.



Interact Club of SVAM Synergy



Rotary District 3170 Synergy Passport is thrilled to announce the formation of the Interact Club of SVAM SYNERGY at Shree Vishwanath Arlekar Memorial HSS, New Vaddem - Vasco! On our own Charter Day, 15th August 2025, we're overjoyed to welcome the Interact Club of SVAM SYNERGY into our family, marking a perfect beginning to new community service initiatives!

The Interact Club of SVAM SYNERGY is dedicated to fostering volunteerism, social responsibility, and teamwork, empowering young minds to create a positive impact in their community!

Huge congratulations to the charter members and the entire SVAM SYNERGY family! We're excited to see the amazing projects and initiatives that lie ahead!



Member spotlight

Rtn. Hrushikesh Keskar

Rtn. Hrushikesh has been part of two VTTs - the 1st being a Multi District VTT Medical Mission to Zimbabwe in Rotary Year 2015. Primary Contact for the Global Grant and Served as a Volunteer during the Medical Mission and assisted the team of Doctors during various operatives and trainings to para medical staff and also conducted trainings on Healthcare management as per NABH and International Healthcare Accreditation standards and practices and appraised the Healthcare administrators on the same.

More than 1500 various types of surgeries and procedures were carried out during the entire medical mission spread over @ 12 days at 2 separate locations in Zimbabwe. The mission was much appreciated by the Government of Zimbabwe and the mission team was given a special visit by the Vice President of Zimbabwe and the Health Minister as well. PRIP Raja Saboo along with his spouse Ann. Usha and a few others PDGs from participating Districts from India also joined this first ever Multi District Medical Mission VTT.

2nd VTT Medical Mission to Nigeria in Rotary Year 2017, as Primary Contact for the Global Grant and Asst. As Team Leader, assisted the medical team in operatives and also conducted training for the local Doctors and Para Medical staff on Healthcare Management Systems as per International Standards and practices. More than 1000 surgeries of various types were carried out during this VTT Medical mission. The Medical Mission was visited by local Health Minister of the State and various other Government authorities. The mission earned accolades and wide publicity in Nigeria and since then there has been a demand each year to conduct similar Medical Missions which will benefit the less privileged and needy citizens of the country.



Know your members:



Amit Kothawale

Amit kothawale resident of Kolhapur is a Graduate in Production Engineering

Post graduation in MBA Finance.

Amit and Kranti have 2 children . 1st son - Soham doing his Engineering
2nd - Daughter - Saniya studying in 10th grade

He runs an industry where in we produce Precision engineering and automotive components both for domestic and exports.

He loves singing, play and now watch Cricket.

Farming is also one of thing which he like .. but gets very less time these days.



Dr. Anagha

Born and raised in Dadar, Mumbai, **Dr. Anagha** is a holistic healing expert with a Bachelor's in Instrumentation, followed by a Doctorate in Alternative Medicines. She's a certified NLP and EFT Trainer, a Counselling Psychologist, and a Life Coach, specializing in crystal healing, Bach Flower, Spice Therapy, and Garbha Sanskar.

As the owner of Pragyaa Institute of Excellence, Dr. Anagha has profoundly impacted over 1 lakh students, 50 Adivasi schools, 10,000 corporate professionals, and 1 lakh parents and teachers. She emphasizes developing PQ, IQ, EQ, and SQ.

An Insurance Consultant with LIC and Star Health since 2002, Dr. Anagha joined Rotary in 2018-19. She was a member of RC Panvel Midtown and RC Sawantwadi. Currently, she's the Secretary of Rotary Action Group of Mental Health Initiatives Chapter 3170 and served as DCC Mental Health Initiatives 2023-24 (achieving excellent district awards) and DCC Community Service 2024-25. She is a proud mother of two sons, Akshay and Prathamesh.



Atulya Sharma

Atulya Sharma is a marketing professional and currently the CEO of a media and communications company in Oman. With a career built on strategic insight, creative leadership and a deep understanding of regional markets my expertise spans marketing, media, branding, and corporate communications, he is passionate about shaping narratives that resonate and deliver impact.

But for him, true success isn't measured solely by personal achievements, but by the impact we create in the lives of others.

Acts of service—whether through time, resources, or knowledge—cultivate empathy, humility and purpose. he believes that every small effort when done with sincerity, contributes to building a more compassionate, resilient and equitable society.

Wife Chhavi is an entrepreneur in the fashion and beauty industry after a successful corporate career in senior positions. Their Son is an aerospace engineer working in the Wind Energy space and based in the UK.

Guest Speaker - Sept'25

Rtn. Vasanthi Ranganathan

TECHNICAL COORDINATOR (BEL) - Cadre of Technical Advisers, The Rotary Foundation 23-26 will speak about: **Basic Education and Literacy Programs**

On **Thursday 25th September, 2025**

Join : meet.google.com/sce-jqur-mdi

